

# Schedule

| DAY                  | TIME             | TYPE                        | TEACHER      |
|----------------------|------------------|-----------------------------|--------------|
| SATURDAY<br>MAY 4TH  | 12:00 -<br>13:15 | STRONG FLOW                 | KIM TERPSTRA |
| MONDAY<br>MAY 6TH    | 20:15 -<br>21:15 | YIN YOGA                    | ANNE KUPPER  |
| TUESDAY<br>MAY 7TH   | 10:15 -<br>11:30 | VINYASA                     | KIM TERPSTRA |
| SATURDAY<br>MAY 11TH | 12:00 -<br>13:15 | STRONG FLOW                 | KIM TERPSTRA |
| TUESDAY<br>MAY 14TH  | 10:15 -<br>11:30 | VINYASA                     | KIM TERPSTRA |
| SATURDAY<br>MAY 18TH | 12:00 -<br>13:15 | STRONG FLOW                 | KIM TERPSTRA |
| SUNDAY<br>MAY 19TH   | 09:30 -<br>10:30 | EASY SUNDAY<br>MORNING YOGA | ANNE KUPPER  |
| TUESDAY<br>MAY 21TH  | 10:15 -<br>11:30 | VINYASA                     | KIM TERPSTRA |
| SATURDAY<br>MAY 25TH | 12:00 -<br>13:15 | STRONG FLOW                 | KIM TERPSTRA |
| TUESDAY<br>MAY 28TH  | 10:15 -<br>11:30 | VINYASA                     | KIM TERPSTRA |